

Thank you  
to our  
2019 Sponsors



## Welcome New Member

### Tennis

Laura Nix

Chris Gregory 3.5

*Welcome back to tennis in 2019. USTA league matches get underway next week. Enjoy a great Spring season!*

## POPS! Moments with Maestro Nick Palmer Tuesday, January 15 3:00 pm

Our year round sponsor Daniel Pointe Retirement Community will host Maestro Nick Palmer, Music Director and Conductor of the North Charleston POPS. All are welcome to share a unique glimpse into the life of an orchestra maestro including his behind-the-scenes experiences. Maestro Palmer will be joined by pianist Patrick Boyle who will play favorite melodies from upcoming POPS! concert series, including Gershwin's Rhapsody in Blue, Sports Themes, and Special Songs of John Denver. RSVP to 843-800-0155 for this opportunity to venture behind the curtain.

## Paddle-up Position in Pickleball

Pickleball players will benefit from a paddle-up position by keeping the paddle nice and high about chest level and a foot away from your body. Some choose to hold the paddle in a perpendicular position or favor the backhand.

Here are 3 key benefits:

- Faster reaction time
- Minimizes pop-ups that are more likely when player brings the paddle from a low to high position thus giving your opponent an opportunity to smash the high ball downward towards your feet
- Hitting the ball downward with your paddle up makes it more likely to hit the ball in a downward direction increasing the chances of hitting a winner

So remember to keep those paddles up in play.

*Source: Pickleball magazine*

## Member Newsletter

January 4, 2019



Pro Shop  
843-849-5300

## Oyster Roast & Chili Cook-off Sunday, January 20 2:00 pm

Be sure to sign up for our first member social of 2019. Pickleball players are welcome to play a few tourney rounds with doubles round robin on tap for tennis. Put your chili to the test by preparing your favorite chili recipe to share and compete in the Chili Cook-off. Players will decide the most tasty recipe. Be creative and let us know in advance if you plan to bring a pot of chili. After play, settle in for some good oyster shucking Family Circle style. Bring along your extra knives and gloves. Sign up by Thursday, January 17. Members \$22.50 and Guests \$30 with Food and beverage only \$20



## JOIN US TO CHEER ON TEAM USA!

FedCup is coming to Asheville on February 9 - 10. Only a few spots remain to join us for a weekend of tennis, travel, and patriotic fun as Team USA takes on Australia in the World Group 1<sup>st</sup> Round.

Included in the FedCup 2019 package:

- ♦ Charter Bus Transportation from Family Circle Tennis Center on Friday, February 8, to Asheville and return Sunday
- ♦ Two night stay February 8 & 9 at Aloft Asheville Downtown (walk to event)
- ♦ Welcome Dinner on Friday evening in the Century Room on the Park at Pack's Tavern
- ♦ Tickets for all FedCup matches on Saturday, February 9, and Sunday, February 10

Package Price: \$450 per person (double occupancy)  
Reserve your spot today by calling Dewey 843-300-7419 or Nancy 843-849-5302 for more details.